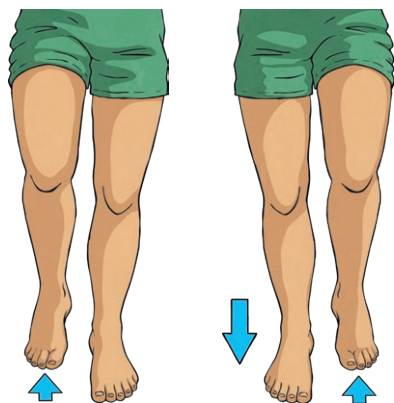


Dance: WWII - The Lindy Hop



If you find remembering a longer sequence a challenge, focus on repeating the same moves.



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Dance: WWII - The Lindy Hop



Say the steps aloud to help you.



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Dance: WWII - The Lindy Hop



With your partner, take turns to perform a few steps at a time so you can pause between sections of the dance.



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Dance: WWII - The Lindy Hop



Slow down and perform some steps at half-speed.

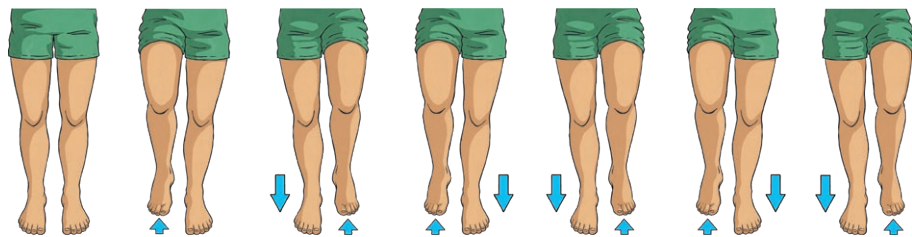


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Dance: WWII - The Lindy Hop



Include movements on different levels to add interest to your performance.



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Dance: WWII - The Lindy Hop



Can you add your own Lindy Hop-inspired dance moves to enhance your routine?



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Dance: WWII - The Lindy Hop



Can you link sections of the dance with a spin or jump?



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Dance: WWII - The Lindy Hop



Can you add a jump to your dance and synchronise this jump with your partner?



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